

Phasels Activities

Our activity sessions are for groups of up to 15 young people lasting 1 hour*. With activities suitable for 4 years and up.

INSTRUCTOR LED ACTIVITIES				
ACTIVITY	SESSIONS	AGES	OUTCOMES	OTHER
3G Gyroscope	1	8+	☺🌐	M
Abseiling	2	8+	☺👉”🔪, 🚲🌐	FL
Air Rifle Shooting	2	8+	☺👉🔪	FL
Archery	2	8+	☺👉🔪🌐	FL
Mobile Archery	1	8+		M, FL
Bungee Trampolines	2	6+	☺🚲	M, FL
Cave On The Move	1	4+		M
Climbing	3	8+	☺👉”🔪, AA 🚲🌐	FL
Crate Stacking	1	8+	☺👉”🔪, AA 🚲🌐	FL
High Ropes	3	8+	☺👉”🔪, AA 🚲🌐	FL
Ice Climbing	1	11+	☺👉”🔪, AA 🚲🌐	FL
Kayaking*	1	8+	☺👉🚣🔪, 🚲🌐	
Nightline	1	6+	☺👉”, AA	
Ridgeline Climbing	1	6+	☺👉”🔪, AA 🚲🌐	M
Shelter Building	2	4+	☺👉🔪	
Spider Mountain	1	6+	☺👉”, 🚲	M
Team Challenges	4	8+	☺”AA🌐	M, FL
Underground Tunnels	1	8+	☺👉”🔪, AA 🚲🌐	
Zip Wire	1	8+	☺👉”🔪	
Zorbs	1	6+	☺🚲	M

*Kayaking is a 2 hour sessions off-site with a maximum of 1 group at any one time.

Book Now!

W: phaselswood.org.uk | T: 0208 236 0040 | E: info@phaselswood.org.uk
 Hertfordshire County Scout Council registered charity in England and Wales
 Charity No. 302606 Scotland 039650 | VAT No. 761 4558 19



**PHASELS WOOD
ACTIVITY CENTRE**

SELF LED ACTIVITIES				
ACTIVITY	SESSIONS	AGES	OUTCOMES	OTHER
3 Bed Trampoline	1	4-10	☺ 🏹 🚲	M
360 Traverse	1	4-10	☺ 🚲	M
Aeroball Junior	2	4-14	☺ 🏹 🚲	
Aeroball Adult	1	8+	☺ 🏹 🚲	
Backwoods Cooking	2	6+	☺ 🍷 🌲 🏹 ! 🌍	
Batak	1	8+	☺ 🖐️ AA	M
Buzzwire	2	4+	☺ 🖐️ AA	M
Cresta Run	1	6+	☺ 🚲	FL
Garden Games	2	4+	☺ AA	M
Human Hungry Hippos	1	8+	☺ AA	M, FL
Human Table Football	2	8+	☺ 🚲	M, FL
Kurling or Skittles Alley	1	6+	☺ AA	
Low Ropes	2	6+	☺ 🖐️ 🌲 🏹 AA 🚲	
Nature & Environment	4	4+	☺ 🌲 🌍	
Orienteering	6	6+	☺ 🌲 🏹 ! AA 🚲 🌍	M
Pedal Racers	1	6+	☺ 🚲	FL
Mobile Pedal Racers	2	6+	☺ 🚲	M, FL
Photo Quiz	6	4+	☺ 🌲	
Pioneering	2	6+	☺ 🖐️ 🌍	
Rolling Rock & Traverse	1	6+	☺ 🖐️ 🌲 🏹 🚲	FL
Mobile Rolling Rock	2	6+		M
Slacklines	2	6+	☺ 🖐️	M

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Scouts
Hertfordshire

Activity Outcomes

We want to make sure you and your group achieve your goals; so at Phasels Wood we use the English Outdoor Council's ten outcomes of High Quality Outdoor Education to help you understand what each activity can bring to your group. Which in turn can help you shape your programme.

	OUTCOME	DESCRIPTION
	Enjoyment	Young people enjoy participating in outdoor activities and adopt a positive attitude to challenge and adventure
	Confidence	Young people are gaining confidence and self esteem through taking on challenges and achieving success
	Social Awareness	Young people are developing their self awareness and social skills, and their appreciation of the contributions and achievements of themselves and others
	Environmental Awareness	Young people are becoming alive to the natural environment and understand the importance of conservation and sustainable development
	Activity Skills	Young people are acquiring and developing a range of skills in outdoor activities, expeditions and exploration
	Personal Qualities	Young people are demonstrating increased initiative, self reliance, responsibility, perseverance and commitment
AA	Key Skills	Young people are developing and extending their skills of communication
	Health & Fitness	Young people are learning to appreciate the benefits of physical fitness and the lifelong value of participating in healthy leisure activities
	Increased Motivation & Appetite for Learning	Young people are displaying an increased motivation and appetite for learning that is contributing to raised levels of attainment in other aspects of their education
	Broadened Horizons	Young people are broadening their horizons and becoming open to a wider range of employment opportunities and life chances

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